



ACCESS TO ABORIGINAL PRIMARY HEALTH CARE

**PROVIDING PRIMARY HEALTH CARE
SERVICES TO ABORIGINAL WOMEN FROM
A COMMUNITY DEVELOPMENT APPROACH**



Bev Jowle, Lynn Doherty

Valmae Walley

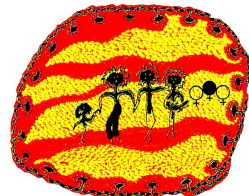
Debbie Cherry



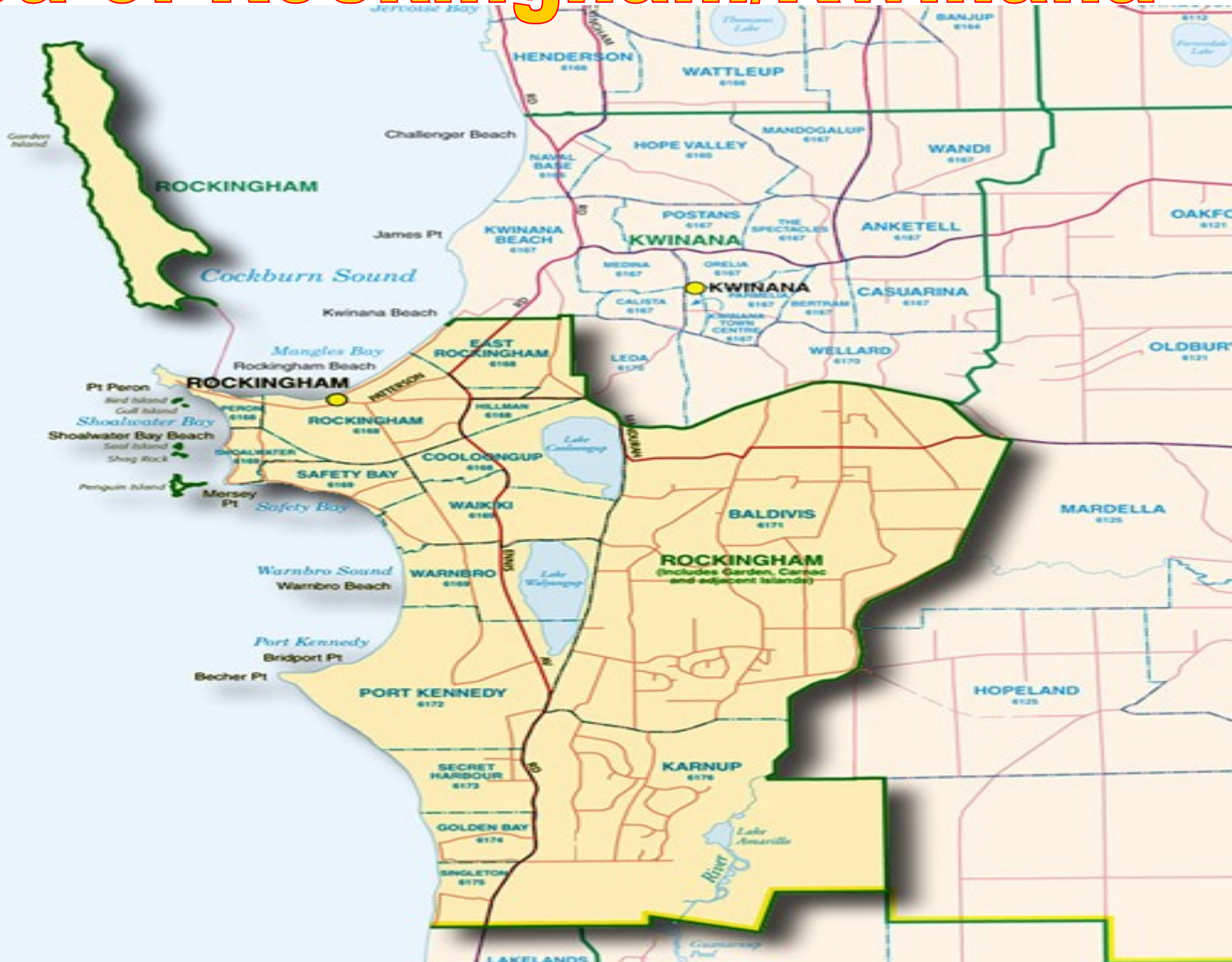
AAPHC

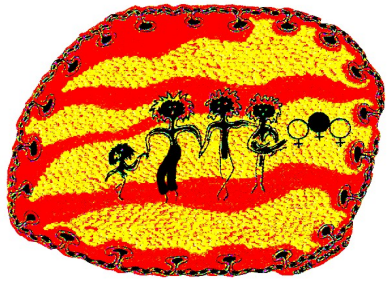
Access to Aboriginal Primary Health Care

61 Council Avenue Rockingham ,WA 6168
(Behind the Aquatic swimming pool)



Area of Rockingham/Kwinana





Access to Aboriginal Primary Health Care

The Access to Primary Health Care Programme has provided a successful health provision resource for the Aboriginal community of Rockingham/Kwinana.

The basis of our success has been the ability to provide opportunistic, holistic health services from both easily accessible venues, which at present are the Life Links building in central Rockingham and currently under going maintenance and reconstruction is our Rockingham City Council funded building Babbingur Mia which the AAPHC service will be relocating to in the near future. Babbingur Mia is a culturally appropriate residential based property closely located to the main service's, we also provide home visits and transport were needed to and from medical appointments and community venues.

Services Provided include:

- Mum's & Bub's
- Men's Health
- Women's Health
- Teen Health
- Sexual Health
- Immunisation programs
- Maternity services
- Out reach services e.g. Tafes, Prisons
- Child Health

- Inclusion in referral networks
- Advocacy/support of crisis situations
- Mentoring to tertiary students undertaking nursing , midwifery and health workers for Cert 3 & 4
- Transport services facilitate client/pt access to other health facilities
- Providing culturally sensitive and appropriate information on request.



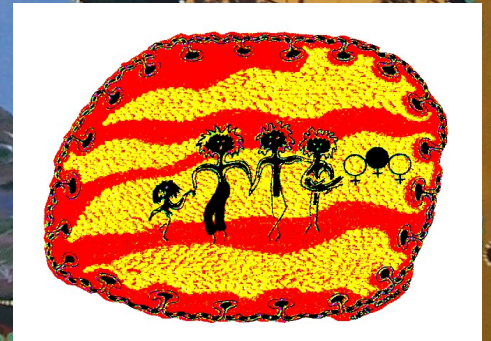
Lynn Doherty

- Manager of Community & Public Health
- Midwife
- Nurse



Chris Hinder

Senior Male Aboriginal Health Worker

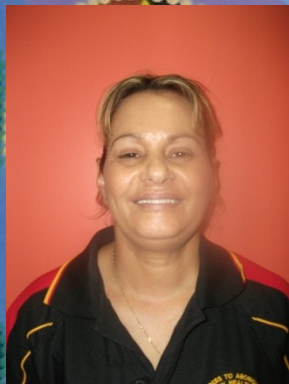




Nicole Elliott
Aboriginal Health Worker



Valmae Walley
Aboriginal Health Worker



Debbie Cherry
Aboriginal Health Worker





Valerie Walton

•Admin/receptionist



Demi Lee French

•Health Promotions

•Administration support





IN THE HOSPITAL

- Referrals
- Transfers
- Visiting
- Transport



Access to Primary Health Care

IN THE HOME

- Self referral
- Family referral
- Doctor request
- Liaison with community midwife



IN THE CENTRE

- Opportunistic
- Walk in
- Appointment
- Groups



BABBINGUR MIA – ‘HOUSE OF FRIENDSHIP’

Access to Aboriginal Primary Health Care

- Aboriginal Health Workers
- Nurse
- Midwife
- Community Groups
 - Mum's & Bub's
 - Yarning Group
 - Men's Health evening clinic
- Antenatal Care
- Postnatal Care
- Chronic disease
- Immunisation
- General Health check
- Children's Health Check
- Transport provided upon request

Antenatal Care



- **Self referred**
- **Referred**
- **Standard antenatal guide lines**
- **Shared care with GP, midwife and health workers.**
- **Visit in Centre or at home.**
- **Outreach to women's refuge**
- **Inclusion of fathers family and siblings in antenatal education**
- **Collaboration with hospitals**
- **Hospital visiting**

Postnatal Care



- Postnatal period indefinite
- Monitoring of mothers physical and mental wellbeing
- Baby checks and immunisation
- Collaboration with child health nurse
- Collaboration with Postnatal Depression Counsellors.
- Pap smear and contraceptive advice
- Plan seminars e.g. Asthma, SIDS and Kids

Immunisation



- Provision of opportunistic immunisations for the whole family
- Catch up program
- Gardasil program
- Annual Flu vaccine
- Introducing tetanus and Hep B
- Education to Families



Chronic Disease



- Health assessments for men and women
- Referral to GP and allied health professionals
- Transport assistance
- Advocacy with agencies
- Health seminars and workshops



SCHOOL HEALTH CHECKS

Height
Weight
Ears
Mouth

- Interactive education sessions with school staff
- Healthy eating
- Benefits of exercise
- Mouth Health
- Sharing health knowledge e.g. what keeps you healthy?

This program was driven by parents who wanted education provided by Aboriginal Health Workers for Aboriginal students





- Family and community sharing information
- Evaluation of programs for future planning
- Inclusion of all friends & family members
- Health education in a culturally appropriate environment



Community Engagement

- Networking in the community
- Providing a variety of primary health care services
- Community consultation
- Planning workshops and seminars
- Identifying community needs
- Volunteers
- Community meetings
- Promoting the service
- Celebration of events e.g. NAIDOC week, Children's Christmas party, Pink Ribbon Day



Inclusive collaboration

- **Local Schools**
- **Rockingham Kwinana Division of GP's**
- **Local & metro hospitals**
- **Child Health Clinics**
- **Mental Health Services**
- **Disability Services**
- **Counselling services**
- **Drug & Alcohol Services**
- **Women's Refuges**
- **Child Protection Services**



Men's Health



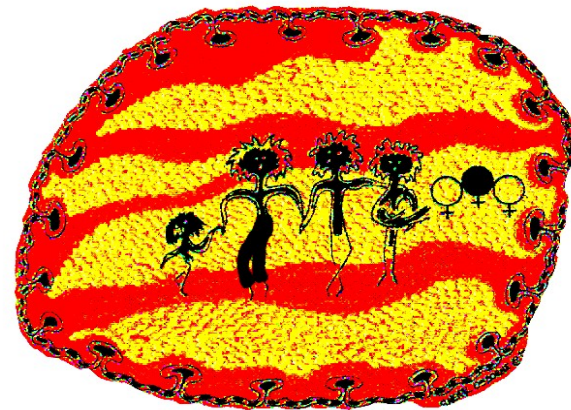
- Men to gather and discuss men's health issues
- Facilitated by Male Aboriginal Health Worker
- Male health checks conducted by male GP, Dr Jonty

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Thankyou