

WAMINDA

SOUTH COAST WOMEN'S HEALTH & WELFARE ABORIGINAL CORPORATION

77 OSBORNE STREET

PO BOX 978

NOWRA NSW 2541

PH: 02 44 217 400

FAX: 02 44 215 004

EMAIL: administration@waminda.org.au

HISTORY

- In the early 1980's the local Aboriginal community was concerned about the lack of health services available for Aboriginal women & their families & were reluctant to access mainstream services because of cultural barriers. Aboriginal women suffered with lifestyle problems, social & emotional ill-health
- In 1984, an Aboriginal Women's Health Centre known as 'Jilimi' was established, in response to the community's need to have a service specifically for Aboriginal women
- After a change of incorporation, 'Jilimi' no longer existed & the South Coast Women's Health & Welfare Aboriginal Corporation- Waminda was established in 1990

MISSION STATEMENT/ OBJECTIVES

- Waminda aims to empower and support Aboriginal women of the Shoalhaven to make decisions about their own health and reduce the high rate of ill health among Aboriginal women
- Provide a range of services (including health, domestic violence, housing support, mental wellness, drug & alcohol, welfare & emergency relief for Aboriginal women & children) in a flexible holistic way that responds to the needs of Aboriginal women & children, particularly those who are most vulnerable

ORGANISATIONAL STRUCTURE

Board of Management

Service Manager

Wellbeing Team

**Wellbeing
Manager**

**Family
Health/DV
Worker**

**Schools Program
Coordinator**

**D&A Support
Worker**

Family Support Team

**Family Support
Manager**

**Family Support
Caseworker**

Youth Worker

**Sexual Assault
Support Worker**

**Playgroup
Coordinator**

**Playgroup
Assistant**

Emotional Wellbeing Team

**Emotional
Wellbeing
Manager**

**Emotional
Wellbeing
Support Worker**

**Wellbeing
Program
Coordinator**

Administration Team

**Administration
Manager**

Finance Officer

Receptionist

**Trainee Personal
Assistant**

Transport Officer

**Women's Health
Worker**

**Artist Co-op
Coordinator**

**Repairs &
Maintenance
Officer**

SERVICES/ PROGRAMS

- ▯ Women's Health
- ▯ Wellbeing & DV Support
- ▯ Youth
- ▯ Women's Artist Co-op
- ▯ Family Support
- ▯ Emotional Wellbeing
- ▯ Drug & Alcohol Support
- ▯ Educational Groups for Schools
- ▯ Sexual Assault Support
- ▯ Supported Playgroup
- ▯ Health & Wellbeing

TODAY

- It is important for Waminda to continue to take an active role in influencing mainstream services to ensure they are more culturally sensitive & to improve access for Aboriginal people
- An understanding & appreciation of Aboriginal culture has been necessary for service providers to be able to achieve improved health outcomes for Aboriginal women & their families

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