

# **10 Point Plan for Victorian Women's Health: 2006 to 2010 and 2010 to 2014**

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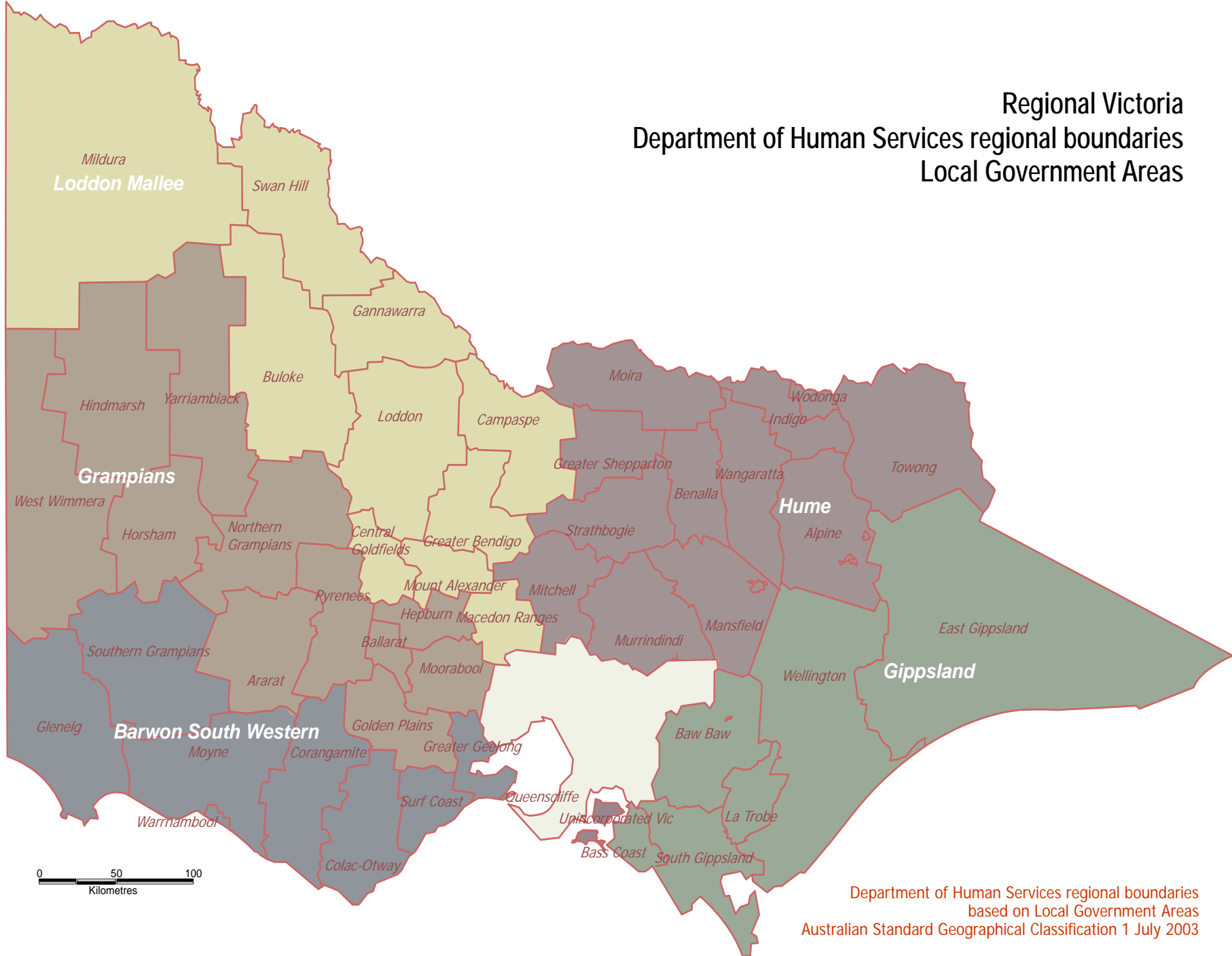
# Overview

- Victorian women's health program
- Why 10 Point Plan
- Outcomes
- Next steps

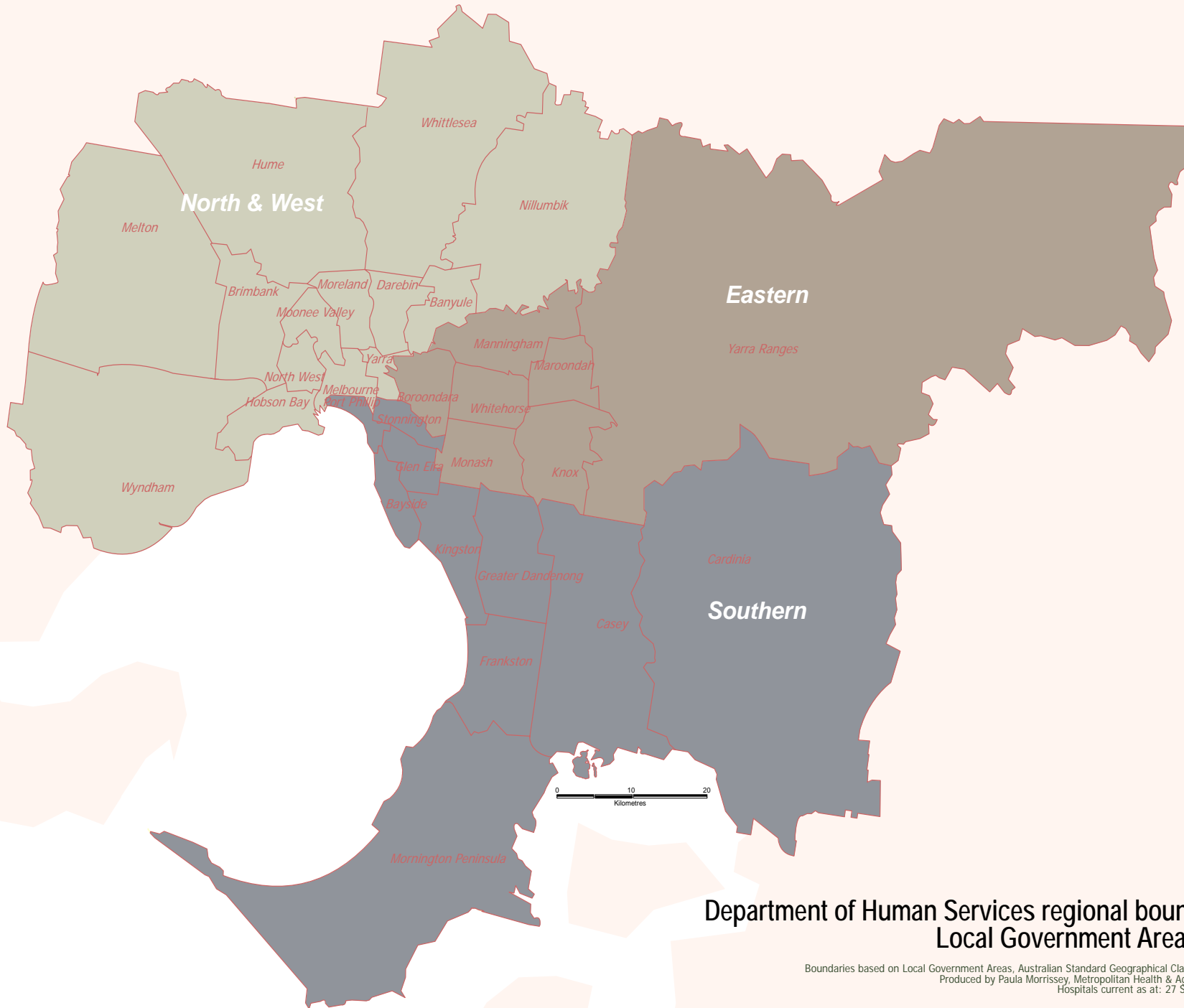
# Victorian women's health services

- Arose from National Women's Health Policy and funded program and Victorian report 'Why Women's Health' Ministerial Women's Policy 1987
- Services established through 1988-1992
- All independent with no requirement to work together
- No funding for statewide co-ordination or peak body work

# Regional Victoria Department of Human Services regional boundaries Local Government Areas



Department of Human Services regional boundaries  
based on Local Government Areas  
Australian Standard Geographical Classification 1 July 2003



## Department of Human Services regional boundaries Local Government Areas 2004

Boundaries based on Local Government Areas, Australian Standard Geographical Classification 2004  
Produced by Paula Morrissey, Metropolitan Health & Age Care Division  
Hospitals current as at: 27 September 2004

# Victorian women's health services

- 3 Statewide
  - Women's Health Victoria
  - Multicultural Centre for Women's Health
  - The Women's – women's health information centre

# Women's Health Advocacy Action Plan: Need and Opportunity

- 2005 Australian Women's Health National Conference call to action
- 20 year anniversary of women's health policy in Victoria
- Research showed need to increase profile of women's health services
- Lead up to Victorian State Government election
- Influence new health promotion priorities and women's health policy in Victoria

# Women's Health Advocacy Action Plan: Goals

- Cross-Government impact as a basis for positioning women's health promotion and women's health specialist services
- Improve participants collaborative action in advocacy for women's health promotion



# Advocacy action messages

- Celebration of achievement and building for the next 5-10 years
- Move on from justifying 'why women's health'
- Women's health is a social and political issue
- Women's health leadership as change agents

# 10 Point Plan partners



WOMEN'S HEALTH  
GOULBURN NORTH EAST



wire  
women's information



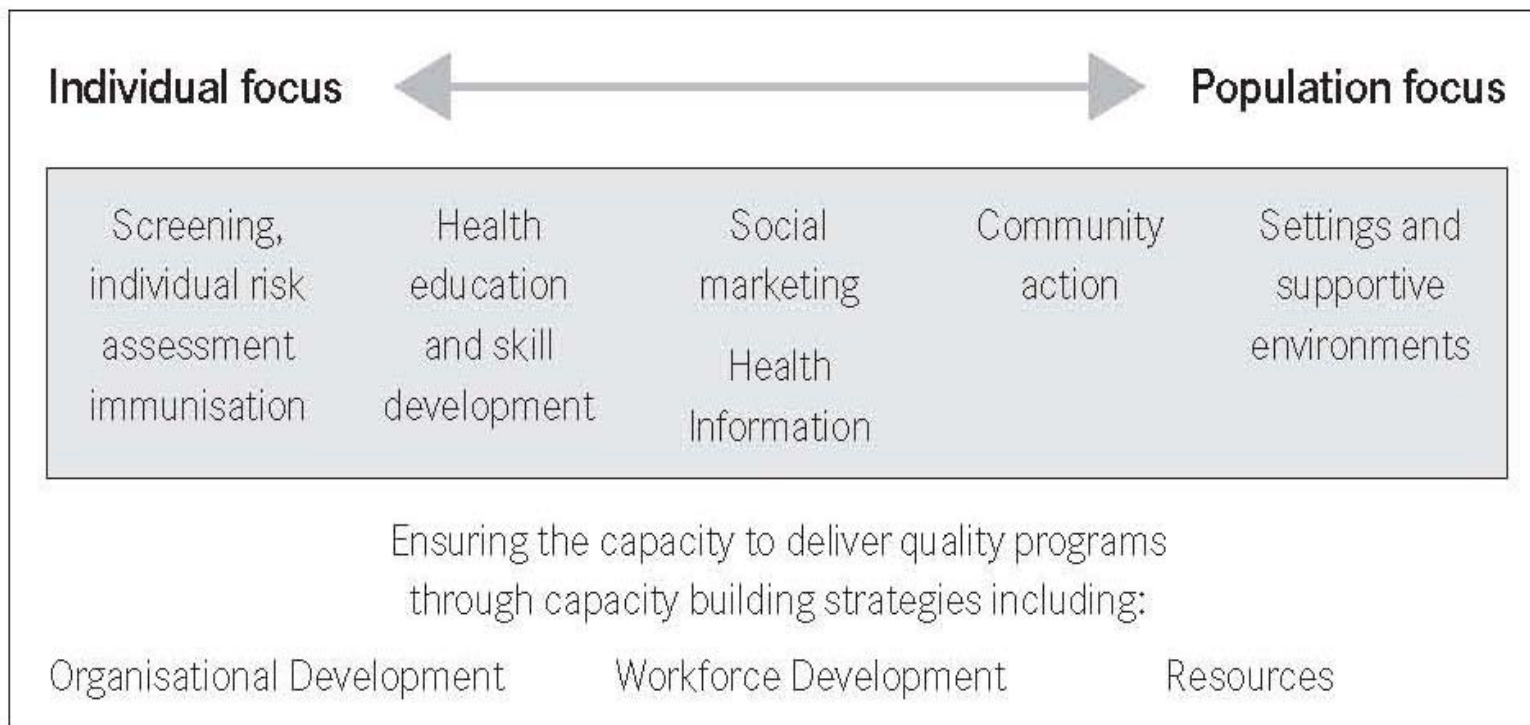
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# Development of advocacy tools informed by

- Political process with a range of audiences
- Widely accessible communication means, language, ideas
- Action which used evidence to influence policy over a short period of time
- Facilitating agreement on upstream action needed within 3 priority issues

**Figure 5: Health promotion interventions and capacity building strategies**



Source: Victorian Government Department of Human Services. *Integrated health promotion: A practice guide for service providers* 2003. [http://www.health.vic.gov.au/healthpromotion/downloads/integrated\\_health-promo.pdf](http://www.health.vic.gov.au/healthpromotion/downloads/integrated_health-promo.pdf)

# Generate active mainstream collaboration and involvement

- All political parties asked to incorporate 10 Point Plan into their party policies
- Sent copies and met with influential organisations across sectors asking them to endorse the plan
- Worked across state and local government bureaucracy
- Included all in communication about progress and participation in 10 Point Plan activities

# Impact 2006-2009 action

- WHS's collaborating building leadership and profile
- Plan endorsed by 42 organisations
- Women's health strategy 2006-2010 - two of the three 10 Point Plan priorities
- Health promotion priorities 2007-2010 - two of the three 10 Point Plan priorities and gender to be explicitly considered
- Local Council elections 2008

# Impact – so far cont...

- Advocacy resources are being used to inform further action
- Whole-of-government focus in a new mental health and wellbeing strategy
- Abortion Law Reform
- Whole of government focus in a State Plan to prevent Violence Against Women

**Next steps**





# 10 point plan

**For Victorian Women's Health 2010-2014**

**Developed by Victorian Women's  
Health Services**

# 10 Points

1. social determinants framework
2. gender equity approach
3. human rights approach
4. social inclusion
5. diversity approach

## 10 Points cont...

6. Retain, increase funding to women's specific services.
7. High Level cross-government leadership
8. Provide new funding
9. Ministerial women's committees in key portfolios

# 10 Points cont...

10. Resource the following key *priority issues and recommendations*:

- Women in a changing society;
- Sexual and reproductive health;
- Prevention of violence against women; and
- Mental wellbeing and social connectedness.

# Progress since November 2009

- New resources, advocacy capacity building
- Action to build women's health profile and priorities
- Political lobbying
- Endorsement by 62 organisations

## 10 POINT PLAN PARTNERS



### 10 point plan for Victorian women's health 2010 – 2014

The 10 point plan outlines a vision for women's health in Victoria over the next 5 years. It recognises the impact of gender in health and health inequities and seeks to address these through a range of whole of government strategies.

The organisations listed below have endorsed the 10 point plan for Victorian women's health 2010 -2014.

#### Endorsed By

AMES	(12/01/10)	International Women's Development Agency	(11/02/10)
Australian Institute for Primary Care	(01/02/10)	Kinect Australia	(01/04/10)
Australian Services Union	(23/02/10)	Knox Community Health Service	(16/02/10)
Australian Women's Health Network	(18/12/09)	Manningham Community Health Service	(16/02/10)
Balmsdale Regional Health Service	(21/04/10)	McCaughy Centre	(26/03/10)
Barwon South West Regional Women's Health	(03/05/10)	MonashLink Community Health Service	(17/03/10)
Bass Coast Community Health Service	(17/03/09)	Multicultural Centre for Women's Health	(17/03/10)
Bass Coast Regional Health	(09/03/10)	Municipal Association Victoria	(24/02/10)
Benalla Rural City Council	(01/03/10)	National Council of Women of Victoria	(16/03/10)
Brimbank City Council	(24/03/10)	North Yarra Community Health	(10/02/10)
Carers Victoria	(27/04/10)	PHAA Women's Health Special Interest Group	(29/04/10)
Caulfield Community Health Service	(25/02/10)	PILCH	(12/02/10)
CASA Forum	(02/03/10)	Ranges Community Health Service	(23/02/10)
Central Highlands PCP	(27/04/10)	Strathboogie Shire Council	(16/02/10)
Darebin Community Health	(21/01/10)	Sunbury Community Health Centre Inc	(11/01/10)
Darebin Council	(19/03/10)	The Fertility Control Clinic	(17/03/10)
Domestic Violence Victoria (DV VIC) Inc	(24/12/09)	Tweedie Child & Family Health Service	(15/01/10)
Doutta Galla Community Health	(06/01/10)	Union of Australian Women	(08/02/10)
EACH - Social and Community Health	(23/02/10)	Victorian Council of Social Services	(01/02/10)
Eastern Health Community Health Program	(16/02/10)	Victorian Local Governance Association	(28/04/10)
EDVOS -Eastern Domestic Violence Service	(17/03/10)	Victorian Trades Hall Council	(12/04/10)
Foundation for Young Australians	(20/04/10)	Victorian Women and Mental Health Network	(04/03/10)
Frankston Mornington Peninsula PCP	(25/02/10)	Victorian Women's Trust	(05/03/10)
Gay and Lesbian Health Victoria	(05/01/10)	Western Region Health Centre	(11/02/10)
Geelong Trades Hall Council	(31/03/10)	Whitehorse Community Health Service	(16/02/10)
Geelong Trades Hall Council Women's Unionist Network - Geelong	(31/03/10)	WIRE	(19/04/10)
Gippsland Centre against Sexual Assault	(11/03/10)	Women's Health Grampians	(16/02/10)
Gippsland Women's Health	(16/03/10)	Women's Health Victoria	(21/12/09)
Greater Shepparton City Council	(12/02/10)	Women's Health East	(25/02/10)
Hanover Welfare Services	(24/02/10)	Women's Health in the North	(22/03/10)
Hume City Council	(18/02/10)	Women's Health in the South East	(25/02/10)
Inner East Community Health Service	(09/02/10)	Women's Health West	(17/02/10)
Inner South East Partnership in Community Health	(25/02/10)	Yarra Valley Community Health Service	(16/02/10)
		YWCA Victoria	(13/04/10)

# For further information:

10 Point Plan

Banners

and other resources

available at:

[www.whv.org.au](http://www.whv.org.au)

# Why Women's Health Banners

1. Why women's health: an overview
2. Women and alcohol
3. Women and cancer
4. Women and financial security
5. Women and heart disease
6. Women and mental health
7. Women and sexual and reproductive health
8. Women and social connectedness
9. Women and tobacco
10. Women and violence



# 10 Points of the 06-10 Plan

1. Social Determinants of Health Approach
2. Gender as a Determinant of Health
3. Overarching Values
4. Priority issues- mental health; sexual & reproductive health; violence against women
5. High Level Cross-Government Leadership
6. Inclusive Approach
7. Honesty and Transparency
8. Resourcing and Accountability
9. Women's Specific Services
10. Collaborative Frameworks