



## MEDIA RELEASE

FOR IMMEDIATE RELEASE

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### Advancing Health Equity for ALL Women and Girls this International Women's Day

As we recognise the [UN's International Women's Day](#) (IWD) on Saturday 8 March, the Australian Women's Health Alliance is calling for urgent, sustained action, and funding, to drive continued improvements in the health outcomes for women and girls.

The theme for IWD 2025 is 'For ALL women and girls: Rights. Equality. Empowerment' and Australian Women's Health Alliance Chief Executive Officer, Sandra Creamer says that while conversations about women's health are louder than ever, we need to act swiftly to maintain momentum and ensure the voices of all women and girls in Australia are heard. We are to make sure no one is left behind.

"With a federal election looming it's important to remember that all women and girls have a right to physical, mental and spiritual wellbeing.

"Increased funding for women's health is the only way to reduce gendered health inequity and drive the long-lasting change necessary to ensure better health outcomes for women and girls of all cultures," she said.

2025 is an important year for gender equality and women's empowerment as it marks the 30-year anniversary of the [Beijing Declaration and Platform for Action](#), the most progressive and widely endorsed blueprint for women and girl's rights worldwide.

This platform guides policies and investment that impact critical aspects of life such as education, health, peace, media, political participation, economic empowerment and elimination of violence against women and girls.



On International Women's Day and beyond the Australian Women's Health Alliance, calls on policymakers, health care providers, and communities to join the movement for a healthier future for ALL women and girls by:

- embedding gender-responsive approaches to health care that improve access, quality and outcomes
- recognising that women's health is also about connection to self, Country, culture, family as well as social and community supports
- sustainably resourcing the women's health initiatives outlined in the National Women's Health Strategy 2020-2030.

"The Alliance is a national collective that works to respect and amplify the voices of all women and fight for positive change. Achieving gender equity is part of achieving health equity. Together we can leverage national health goals to increase access to a high-quality and effective health system that meets the needs of all women and girls."

To support women's health this International Women's Day please [donate on our website](#).

--ENDS

## For more information and quotes contact

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## About us

The Australian Women's Health Alliance is the national voice on women's health. We highlight how gender shapes experiences of health and health care, recognising that women's health is determined by social, cultural, environmental, and political factors.

The Australian Women's Health Alliance acknowledges the owner of the lands and waters on which we live and work. We pay our respect to Elders past and present. Sovereignty has never been ceded.