

Toolkit Resource

Example actions to address gender-based violence

We all play a role in preventing and ending all forms of gender-based violence. As a major public health issue in Australia and globally, responding to and preventing gender-based violence are key preventive health measures.

This document contains examples of gender-responsive actions that can be taken by individual professionals and community members, as well workplaces and organisations.

Individual profession/practice

- Learn more about indicators that a woman or her children may be experiencing family and/or sexual violence
- Include or expand referrals to domestic, family and sexual violence (DFSVM) services and mental health support services
- Build on trauma-informed care with continuous professional development
- Incorporate [vicarious trauma](#) training and considerations in practice
- Consider the impact of violence on women's health and identify ways to address this in relevant practice
- Incorporate [primary prevention](#) of gender-based violence into health promotion activities

Workplace/organisation

- Develop innovative models to address the health impacts of violence against women and girls, particularly focusing on those at greatest risk
- Roll out workforce education about indicators that a woman or her children may be experiencing domestic, family and/or sexual violence (for example, service user, family member or carer of client/patient etc.)
- Access and implement on [primary prevention](#) and gender-responsive approaches to health and prevention
- Introduce reproductive health leave, informed by staff and people with lived experience
- Review and expand diversity, equity and inclusion policies to include chronic condition leave and accessibility provisions, recognising the prevalence of chronic conditions for women who have experienced violence
- Include referrals to or consider establishing relevant [health justice partnerships](#)



Community/studies

- Learn more about indicators that a woman or her children may be experiencing domestic, family and/or sexual violence, and local services that can provide support
- Create a campaign at university or TAFE for the [16 Days of Activism](#) that integrates women's health, wellbeing and prevention of gender-based violence
- Engage with community organisations, events and the arts that support women's health, rights and/or women and gender diverse people with lived experience of gender-based violence

Notes

- **Could you or a workplace/organisation/community group you know implement any of the suggested actions?**
- **What support might assist in taking these actions?**

This resource is from the '[Introduction to Gender-Responsive Health](#)' e-learning course by Australian Women's Health Alliance.

Last updated May 2025.